Are you ready for some puppy time? Fun times ahead! Here are some things you are going to want to be sure to have on hand. We've created a little shopping list for you to help make things as easy as possible for you.

1. **Food** – feeding a high quality food is critical to the longevity and quality of life that your Golden will have. Golden's are prone to cancer and hip dysplasia so doing everything possible for our dogs nutritionally is highly important.

Recently our boy Sampson was diagnosed with cataracts at age 6! After talking extensively with the vet who shrugged it off and called him an old man... I dove into nutritional research. Only to find that sodium selenite causes cancer, cataracts and early death and is used in almost all the dog food manufacturing companies. So, I started talking with other vets, nutritional vets and other breeders to see what was recommended. We switched all of our dogs to Life's Abundance - All Life Stage kibble. Please do not order the puppy kibble. Your puppy is currently being fed All Life's Stage kibble and the Pork & Venison wet puppy food combined together.

Here is a link to Life's Abundance. This is our breeder page. Please be sure to reference this link when you order. It will place all your orders under our kennel which is easy for us and helps with the warranty process should any issues arise. Your puppy is currently eating All Life Stage kibble GRAIN FREE mixed with the Pork and Venison wet food and a little water to moisten the kibble. Usually about 3/4 's of a cup 3 times a day. Within a month or so you should be able to modify the feeding schedule and go to 2 times per day. Your puppy will most likely end up eating around 1 cup of kibble with a little bit of moist food mixed in for breakfast and dinner. This food is pretty dense with calories. My adult dogs need 1 cup 2 times a day. Puppies will need a little bit more than that during the growth period. I highly recommend the following products from Life's Abundance:

- All Life's Stage kibble Grain Free or Regular is what your puppy has been or will be fed since 4 weeks of age. We will let you know which kibble your puppy is on prior to you needing to order. Please do NOT order the puppy food. These puppies do best on the All Life's Stage products. Some dogs can tolerate grain others do best on grain free.
- Life's Abundance Pork and Venison puppy canned food (I recommend getting a case of this to start with- when puppies go to their new homes food is always the first thing to go by the way side. Moving homes/families is stressful and most puppies quit eating. A spoonful of the wet food on top of the dry kibble mixed with a little hot water and you have a food so good the puppies don't want to not eat.)
 ADDING the water helps to minimize the risk of a puppy choking and an adult dog bloating. It also helps to slow the dogs eating down) In September we received an email that one of our puppies choked on a piece of kibble and died. Please add water to the food!
- Life's Abundance Tasty Training Treats (these work GREAT!)
- Life's Abundance also has shampoo's
- Pig snouts and the bully sticks are huge hits around here
- If you place your order on an autoship it will save you some money

When you take your puppy home please do not give vitamins or any supplements nor any training treats until you know that your puppy can maintain solid stools in your home. The stress from the move from our home to yours can throw their stools off. Adding training treats and supplements can along with a residential change can be too much at one time.

Supplements

- Nu-Vet Wafers 100% of my dogs are on Nu-Vet Wafers and I have all of my babies on Nu-Joint supplements. Nu-Joint will aide in proper bone development. The wafers are an antioxidant and help with skin and coat and help prevent over 50 diseases that dogs are prone to. Here is a <u>link</u> if you order now it should be to your home before the puppy arrives.
- 3. MCT Oil.... MCT Oil or coconut oil is great for your dogs skin and coat, mental and weight management. I use a teaspoon on their food morning and night. It also helps keep hot spots away and helps with allergies, and dry flakey skin.
- 4. As your puppy starts to get his/her adult coat brushing will become more of a necessity in order to maintain your house :-) Having the proper equipment is half the battle. Don't worry though... Golden's only shed twice a year; spring and fall and it only lasts for about 6 months each time. Once your dogs coat actually comes in if you get a brush like this: http://www.ebay.com/itm/Mars-Double-Wide-Stainless-Steel-Coat-King-Pet-Stripper-with-Wooden-Handle-/182567121739?hash=item2a81d9334b and brush the dog with it once a week it will take a lot of the undercoat out. It's not a good idea to use this

brush more than once a week or you can wreck your dogs coat. I use just a normal self cleaning slicker brush a couple of times a week for normal brushing and then the Mars brush once a week to save my house.

Additionally... when you know you are going to wash your dog... take them outside and brush them really good with the Mars brush. Then bath them... let them dry and then use the Mars brush on them again after they are dry. And then the next morning take them back outside and use the Mars brush one more time. Then resume your normal brushing the rest of the week with your slicker brush. This helps immensely with the hair!

5. Colloidal Silver: This stuff is like a miracle in a bottle. If your dog ever gets a cut, infection, hot spot, eye infection, yeast in the ears anything... you can use this and it's completely natural and totally safe and better than anything your vet will give you! If you ever send me an email with a photo of something wrong with your dog 99.9% I'm going to tell you to apply colloidal silver. It's an antibacterial and keeps infections away better than anything we've ever used. The biggest problem with it is that I'm always giving part of my supply away. I have a lady here local that makes it for me. I usually buy it in quart mason jars but then I never have any on hand for my dogs because I'm always giving some away. So, I just got a bunch of pint size jars made. They are going to be available for \$20 each. If you would like one just let me know

so I'm sure to have enough on hand.

6. If you visit our Let's Go Shopping page you find what we recommend on many items: Food, supplements, training treats, cute ID collars, shampoos, ear cleaner, floor cleaner for when your pup has an accident. Pretty much everything you are going to need. <u>Check out the links</u>